Instructions on how to reserve Peloton bikes and Raquetball courts
Download the Mind Body app, create an account with the email you have on file at the JCC, and follow these simple steps:

1. Open app and Click Explore
2. Click Fitness
3. Click Group
4. Choose Dave and Mary Alper JCC
5. Click Schedule
6. Click Appointments
7. Click Raquetball or Peloton
   Then (for Peloton) Choose a Bike
8. View Availability
9. Click a Day & Choose a Time
10. Click Next And You’re All Set!